



Private Hire & Bespoke Sessions

Every space has its own energy, and every event its own intention. To ensure the most resonant experience for your guests, I offer a range of session tiers designed to suit different environments - from intimate home gatherings to expansive retreats. Whether you require a minimalist setup or a full-scale sonic immersion, these options allow us to tailor the atmosphere perfectly to your needs.

Session	Duration	Experience & Instrumentation	Setup & Pack-down	Investment
Focused Resonance	45 Mins	An intimate, grounding session centered on the melodic resonance of the handpan. Pure-toned crystal bowls are introduced as a gentle bridge between sequences, creating a clear space for stillness and reflection. (Mat hire available)	15 mins / 15 mins	£100
Layered Journey	60 Mins	A deeply restorative and immersive soundscape. This session weaves the melodic handpan with a full array of crystal and Tibetan bowls, using grounding instruments like the ocean drum and chimes to create a rich, enveloping journey of sound. (Mat hire available)	45 mins / 45 mins	£160
Full Immersion	60 Mins	A profound, expansive sonic experience. This full-scale installation includes the transformative power of the symphonic gong, alongside the complete instrument array and atmospheric lighting to cocoon the space in total stillness. (Mats included – indoor use only)	90 mins / 60 mins	£220

Enhancements

- **Extended Session (90 mins):** +£40 (Available for *Layered Journey* & *Full Immersion*)
- **Guided Meditation/Intention Setting:** +£30
- **Mat Hire (up to 20 participants):** £20 - £40 (*Please note: Mat hire is for indoor use only. Please allow an additional 20 minutes for setup and 20 minutes for pack-down when hiring mats*)
- **Travel:** Included within 10 miles of Ipswich; £0.45 per mile thereafter.

Practical Details

- **Space Access & Preparation:** To ensure a professional installation, **I require the space to be clear and uninterrupted during my setup and pack-down times.** This allows for the precise placement of delicate instruments and lighting.
- **Venue & Hire:** Booking and payment of the physical space is to be managed by the client. All sessions require a dry, indoor environment. Outdoor sessions are only considered if full overhead cover (e.g., a marquee or gazebo) and a confirmed indoor backup space are provided to protect against rain and damp conditions. I am unable to facilitate sessions in direct sunlight to protect the tuning and integrity of the instruments.
- **Participant Comfort** Participants are responsible for providing their own blankets, cushions, and pillows. While mat hire is available, the addition of personal items is essential for a fully restorative and comfortable sound journey. Please note: Mat hire is for indoor use only; for outdoor sessions, participants must provide their own suitable ground coverings.
- **Access & Parking:** These rates are based on ground floor access with parking available directly outside the venue. For outdoor sessions, parking must be immediately adjacent to the setup area to ensure the safe and efficient transport of instruments. If the space is on a different floor or parking is restricted, please advise in advance so we can arrange for assistance with loading and unloading.
- **Transition & Flow:** For larger setups or mat hire, it is helpful to provide a separate area (such as a tea space) for participants to move to immediately following the session. This allows the organiser to transition the group while I complete my pack-down in the main room.
- **Departure:** All timings are structured to ensure a final departure by 9:00 PM (for evening events). This means all equipment will be packed and loaded by this time. I rely on the organiser to manage the group's transition from the room so that I may complete my work and depart the premises promptly.

Safety & Contraindications

Sound therapy is a powerful, immersive experience. However, due to the nature of the frequencies used, these sessions are **not suitable** for:

- Individuals with a pacemaker or metal implants.
- Individuals with a history of epilepsy.

Pregnancy: If any participants are pregnant, it is strongly advised that they consult with a medical professional before attending a session.

Important Note for the Organiser: As the session organiser, it is your responsibility to communicate these health contraindications to all participants prior to the event to ensure the safety and wellbeing of your group.

Booking & Terms

- **Deposit & Balance:** A 50% deposit is required to secure your date, with the remaining balance due 7 days prior to the event. Please note that deposits are non-refundable.